



ELSEVIER

JOURNAL OF  
ADOLESCENT  
HEALTH[www.jahonline.org](http://www.jahonline.org)

Intersections

## Pandemic Creation Story

Joyce Jiexin Ker

In the beginning a fever, blood-orange heat and headache.  
Pressure in my chest-cavity like a clenched fist, squeezing.  
Every day I am learning the ways to be quiet.  
How to close myself as men and women in white coats rush  
by.  
How to open myself to IV fluids, electricity through my veins.  
During daytime, I sit and stare out the window for hours.  
During nighttime, I shut my eyes and want out of these white  
walls.  
So I slither, I swallow, I creep. I press my belly against the floor  
And squeeze my shoulder-blades through door cracks.  
I search for the swollen earth, wet budding flowers, dry  
crackling leaves.  
I search for my own smoke-breath from lungs that could  
never carry  
Oxygen very well. Yet—still I respire, and still my heart  
pumps,  
And still I would put my hand to my chest, listen to its primal  
beat.  
Still I wrote my first lines of poetry at this hospital,

Its rhymes and rhythms borne out of a silence I am still  
learning.  
I'd write lapwing and stardust, desert cactus and wanderlust.  
I'd write Ylang-Ylang and bergamot, musk and pine.  
I'd write survival and lovesong, I'd write my beautiful lungs.  
I'd write sonnets by the day, shaping fear and uncertainty  
Into something structured, tangible. Something beyond  
stillness.  
I'd write thank-you cards and get-well-soon notes,  
Write love poems and hate poems. To death, knocking at my  
door,  
Its frigid breath seeping into flesh. To death, the ninety-two-  
year-old  
Forsaking his own life for a newborn as he gives up his  
ventilator.  
To death, its shock and heat, its fight, its thrashing, silence.  
And to life, tongue and marrow, current through my veins.  
I open myself to life, my belly pressed against the earth that  
gives,  
As I creep, I writhe, I rattle and dream for hours.

**Conflicts of interest:** The author has no conflicts of interest to declare.